



INVEST BETTER
with **BRENTHURST**

IN THIS ISSUE

Retirement planning in 2026 demands moving away from guesswork and towards clear goals, realistic capital calculations, and the right annuity strategy to ensure your income lasts. A well-structured plan that carefully manages budgets and drawdown rates can provide confidence and peace of mind throughout a retirement that may span decades.

INVESTING WITH SA'S

LEADING BOUTIQUE WEALTH MANAGER

WINNER 2020 & 2017 | RUNNER-UP 2023 & 2018
TOP 3 2022 & 2021 | TOP 4 2025 & 2019

RANKED AMONGST THE TOP WEALTH MANAGERS FOR 9 CONSECUTIVE YEARS

JHB (HQ)	+27 (0) 11 799 8100
JHB (SANDTON)	+27 (0) 10 035 1391
PTA	+27 (0) 12 347 8240
CAPE TOWN	+27 (0) 21 418 1236
BELLVILLE	+27 (0) 21 914 9646
CLAREMONT	+27 (0) 21 100 3901
STELLENBOSCH	+27 (0) 21 882 8706
PAARL (VAL DE VIE)	+27 (0) 21 100 3901
GEORGE	+27 (0) 44 050 6057
MAURITIUS	+ 230 5843 5215

RETIREMENT 101

WHAT YOU NEED TO KNOW FOR 2026 & BEYOND

SUZEAN HAUMANN | CFP®, HEAD OF BRENTHURST WEALTH TYGER VALLEY

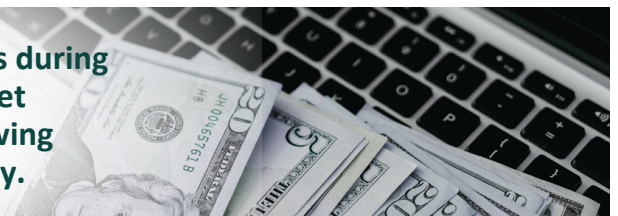
Will 2026 be the year in which you retire? Or is it the year you finally take your retirement planning seriously? Either way, now is the ideal moment to take stock.

Too many South Africans enter retirement without a real plan. All too often, they rely more on guesswork, outdated assumptions or blind hope. But retirement is no longer a single event, it's a phase that, for many of us, could last 20, 30 or even 40 years.

How confident are you that your plan will deliver a large enough nest egg to last that long? Rather than guessing, I want to encourage you to start taking a more active interest in your future plans.

It's easy to hope for the best or find a way to cope with the situation in the future, but it doesn't have to be that way. And, honestly, it's not difficult – I promise. Here are my tips that I hope will provide you with the tools and confidence to implement a plan, and stick to it.

One of the biggest risks during retirement is not market volatility, but withdrawing income too aggressively.



START WITH A BUDGET – AND BE HONEST ABOUT YOUR LIFESTYLE

One of the biggest mistakes I've seen from recent retirees is spending too much too soon. Sticking to a budget during retirement doesn't put a leash on your spending, it liberates because it gives you the confidence and peace of mind that your money will last.

Start by estimating your monthly income needs. The general rule is that you'll need about 70% of your pre-retirement income. But that depends on your lifestyle, debt, medical needs and other personal factors.

The following table is an illustration of roughly how much capital you'll need if you want the investment to provide you with an income for 30 years, whilst drawing a 5% income from your capital balance per year. Note that these are estimates, not guarantees.

Monthly Gross Income (Today's Value)	Annual Income	Capital Required
R20,000	R240,000	R4,215,000
R25,000	R300,000	R5,270,000
R30,000	R360,000	R6,325,000
R35,000	R420,000	R7,380,000
R40,000	R480,000	R8,430,000

WITHOUT A PLAN, YOU'LL BE FLYING BLIND

These figures might be a shock or a wake-up call for many. That's a good thing, because if you know what you need to aim for, you can start planning how to get there.

Financial planning isn't about sticking your head in the sand. It's about facing the reality that you can't work forever, and you have to plan for those years when you are no longer able to work. The good news is that you don't need to do this on your own.

I spend a great deal of my time with clients either creating their plan, or refining an existing plan to adapt to changes.

We focus on:

- **Setting realistic retirement goals**
- **Calculating how much capital you need**
- **Deciding when to retire**
- **Planning how long your money must last**
- **Considering tax, estate planning and medical cover**

This clear framework allows you to move ahead with your life, without constantly worrying about your future. Your plan might not be perfect, and you'll probably adapt it over time, but it gives you a solid foundation from which to make better decisions.



WHAT TO CHOOSE: LIFE ANNUITY VS LIVING ANNUITY

When you retire, by law, you have to invest at least two-thirds of your retirement savings in an annuity. But which type?

LIVING ANNUITY

- Offers flexibility. You choose your income drawdown (between 2.5% and 17.5%)
- Any remaining capital after death goes to your heirs
- The risk: you could outlive your capital if drawdowns are too high, or markets underperform

LIFE (OR GUARANTEED) ANNUITY:

- Pays you a fixed, guaranteed income for life
- No capital remains for your beneficiaries when you pass away
- Ideal if you're looking for peace of mind and income certainty



Which is better? It depends. If you want flexibility and the possibility of leaving a legacy, a living annuity may suit you. If you value predictability and don't want to worry about market performance, a life annuity could be a better fit.

You can also combine the two for a balanced strategy – known as a **hybrid annuity**.

AVOIDING COMMON PITFALLS

EVEN WITH A DECENT PLAN, MANY RETIREES FALL INTO THESE TRAPS:

WITHDRAWING TOO MUCH

Drawing 8% may feel tempting, but it has its disadvantages. Take a look at the impact when you draw more than the 5% used in the earlier example in which you wish your capital to last 30 years.

Drawdown rate	Initial annual income	Capital amount	Years before capital runs out
5%	R240,000	R4,215,000	30 years
6%	R288,000	R4,215,000	~26 years
7%	R336,000	R4,215,000	~22 years
8%	R384,000	R4,215,000	~18 years

AVOIDING RISK COMPLETELY

Being too conservative might feel safe, but it can leave your money shrinking, in real terms. That is why it still makes sense to hold some growth assets in your retirement portfolio, such as listed stocks, so as to combat inflation.

FAILING TO GET ADVICE

Retirement isn't something you should navigate alone. A good financial planner helps you project income, manage tax, and make smarter decisions with your capital.

YOU ONLY RETIRE ONCE. MAKE IT COUNT.

Think of retirement planning as designing your ideal lifestyle, with a solid financial engine behind it. There's no one-size-fits-all strategy, but there is a common thread: you need a clear plan, the discipline to stick to it, and solid advice. If you're retiring this year, or just want to check if you're still on track, now is the perfect time to book a review with a Brenthurst advisor.

Don't leave your future to chance. Take control. Start 2026 with a retirement plan you can trust.



SUZEAN HAUMANN | CERTIFIED FINANCIAL PLANNER®, BWM TYGER VALLEY

Suzean is head of the Tyger Valley office and one of the company's key individuals. She is a CERTIFIED FINANCIAL PLANNER® and a registered member of the Financial Planning Institute of South Africa. Suzean has extensive experience in all areas of financial planning, with particular expertise in investment and retirement planning. In addition, Suzean is a qualified foreign exchange consultant, offering in-depth knowledge of offshore investment strategies.

Having joined Brenthurst Wealth in 2010, Suzean has been a valued part of the team for more than 15 years and is fully qualified to advise on the full spectrum of investment matters.

Phone: +27 (0) 21 914 9646 **Email:** suzean@brenthurstwealth.co.za



WEBINAR: INVESTMENT OUTLOOK ²⁰²⁶

 <p>ANTHONY GINSBERG CHIEF INVESTMENT OFFICER GINSGLOBAL</p>	 <p>JC LOUW CEO CUSTODIAN DFM</p>
 <p>COLIN ADAMS HEAD OF RETAIL BUSINESS DEVELOPMENT CAMISSA ASSET MANAGEMENT</p>	 <p>MAGNUS HEYSTEK DIRECTOR & INVESTMENT STRATEGIST BRENTHURST WEALTH</p>

JAN 2026 SAST
21 16:00

CLICK HERE TO REGISTER

CONTACT ANY OF OUR HIGHLY QUALIFIED FINANCIAL ADVISORS AT OUR NINE OFFICES COUNTRYWIDE TO DISCUSS YOUR INVESTMENT STRATEGY. **EMAIL US:** invest@brenthurstwealth.co.za

Johannesburg +27 (0) 11 799 8100	Claremont +27 (0) 21 100 3901	SATELLITE OFFICES:
Sandton +27 (0) 10 035 1391	Bellville +27 (0) 21 914 9646	KZN: Arin Ruttenberg +27 84 582 8581
Pretoria +27 (0) 12 347 8240	Stellenbosch +27 (0) 21 882 8706	FREE STATE: Iniel Van Zyl +27 72 298 3212
CPT Waterfront +27 (0) 21 418 1236	Val de Vie Estate +27 (0) 21 100 3901	NORTH WEST: Maria Smit +27 79 696 6860
George +27 (0) 44 050 6057	Mauritius +230 5843 5215	MPUMALANGA: Marise Reinach +27 72 795 3604

Brenthurst Wealth Management is an authorised financial services provider (Reg No: 2004/012998/07) FSP No.7833. This e-mail and any file attachments transmitted with it are intended solely for the addressee(s) and may be legally privileged and/or confidential. If you have received this e-mail in error please destroy it. If you are not the addressee you may not disclose, copy, distribute or take any action based on the contents hereof. Any unauthorised use or disclosure is prohibited and may be unlawful. The view and opinions expressed in this e-mail message may not necessarily be those of the management of Brenthurst Wealth Management (Pty) Limited.